

# MINNESOTA MUFON

## NEWSLETTER

Issue # 43  
September/October 1993

### From the State Director

I have just finished up a summer working to help our school comply with OSHA rules regarding storage of chemicals and equipment. There were also workshops to help start us thinking in terms of Outcome-Based Education. Because of these commitments, my idea about trying to get a group started somewhere in the state did not materialize, although we should keep it in mind for later in the winter. I have managed to begin work on a couple of new cases, both involving entities, and one of these has yielded information on a procedure applied to humans that I have never heard before.

The highlight of every summer is our trip to the MUFON Symposium — this year in Richmond, Virginia — next year it's scheduled for Austin, Texas. Some of you might want to think about attending... Austin isn't quite so far away!

Of The dozen speakers at each Symposium, there are always three or four who stand out. This year, Dr. John Mack was a prime example. He was impressive not because of *what* he said (familiar to most of us), but simply because a man of his academic stature said it. Following is a summary of his presentation, some verbatim, some paraphrased. *My personal comments will be shown in italics.*

**Dr. John Mack** is a professor of psychiatry at the Cambridge Hospital, Harvard Medical School. He's an elected member of the MUFON Board of Directors and is currently working on a book. *He is the "new kid on the block," and will be a valuable colleague to UFO researchers.*

He mentioned that his medical school "bosses" have not been happy about his work with abductees. He was, in fact, the role model for Richard Crenna's character in *INTRUDERS*. *You may recall from the movie, the character's reluctant acceptance of abductions and the displeasure of his boss, both of which parallel Dr. Mack's involvement.*

A New York psychologist introduced Dr. Mack to Budd Hopkins. After some discussion, he agreed to meet some of the abductees, and from that moment, his view of the world was changed.

Part of Dr. Mack's training was aimed at making discriminations about mental states. He feels confident that he can distinguish the real from the unreal — people who are merely talking "ragtime"; people who are deluded or are reporting content that reflects "displacement", i.e., incidents that have meaning other than alien abduction; and finally, people who have truly experienced incidents which cannot otherwise be explained.

### MINNESOTA MUFON Meetings

Saturday, September 11, 1993  
*and*  
Saturday, October 9, 1993

The Irish Well  
1975 University Ave. at Prior  
St. Paul

Social: 1:00 — 1:30 p.m.  
Meeting: 1:30 — 5:30 p.m.

*Afterward, join us in the lounge  
for a light supper and more discussion!*

While under hypnosis, do people accurately report memories? Research shows that accuracy of memory *increases* according to how noteworthy the matter in question is for the person. If an experience such as abuse, vitally affects a person, hypnosis can bring out what is otherwise not remembered. But hypnosis is less accurate when the matter is *not* significant to the person. If a witness in a courtroom is placed under hypnosis and asked whether a car came from the left or

right, the person realizes *an answer is required*, and accuracy suffers.

Dr. Mack gave an example of how conscious recollection can differ from hypnotic memories, which are less congenial to the self-regard of the person (as you will see) and, therefore, more reliable:

A man in his mid-40s told of his abduction when he was 16. He said, with sincerity, that he was taken from his car into a capsule where he had sex with an attractive female hybrid. She then said, "We took care of that. Now we can get to the important stuff." She then filled his mind with information about environmental consequences if we humans didn't change our ways.

But under hypnosis, the story was very different. He recalled being in a large craft with all kinds of instruments, etc. There was no sex with the alien woman who was in charge of the entire operation and observed each step. Sperm was forcibly taken with a suction cup, — a very humiliating experience for him. Afterward, he and the woman went into the capsule (consciously remembered) and he was given the message about the future.

Dr. Mack said that there is no psychopathology that can account for abductions. *It was great to hear him make that statement! It seemed to mean more coming from him than from a well-meaning researcher untrained in psychiatry. Sometimes the qualifications of a researcher really do make a difference!*

A background of sexual abuse among abductees is perhaps higher than the national average, according to Dr. Mack.

At this point, he began to talk of things that might distress those who believe UFOs should only be studied "scientifically." Information from abductions can be classified in three ways. First, there are matters which we should be able to study empirically such as photos, scars, scoop marks and beams of blue light. Secondly, there are things that seem like technology. We can conceive of them, but may not be able to enact them for centuries. For instance, we hear of people walking through walls — instantly disappearing UFOs — and cases where a UFO is seen on a radar screen and yet disappears from it in one sweep. We have no way (now) to understand these things.

The third classification concerns events which are incomprehensible within the Western world view. How can aliens appear as animals, or UFOs as helicopters? We have lost our connection with levels of consciousness in which "reality" was not bound in 3-dimensional thought. Many abductees will report that space-time as we know it collapses during their experiences. They speak of other dimensions, but what do they mean? Most physicists do not recognize "other dimensions" as a possibility.

Dr. Mack told of people who initially reported their encounter as a dream. The great moment of truth occurs when the abductee realizes that the event really occurred in full consciousness. Some abductees may indeed prefer to be told that they are psychotic. A few of these people have refused to return to Dr. Mack when he couldn't tell them they were crazy... for, *if truly sane, they know they are dealing with something that shatters all sense of reality and cannot be cured.*

Dr. Mack feels that we place too much emphasis upon *physical evidence* as a basis for determining the reality of an abduction. The phenomenon seems designed to move us beyond a definition of reality limited to the physical world. To expect something like this to reveal its secrets to the crudity of Western science may be an error in logic, and therefore, a connection between material evidence and proof may never be forthcoming.

Dr. Mack has identified five types of trauma experienced by abductees. Trauma I is simply to be taken against your will, frightened and humiliated, into a situation over which you have absolutely no control.

Trauma II is isolation. Abductees are usually reluctant to tell anybody about their experiences. They "go underground."

Trauma III is a state of "This can't be!" Virtually every abductee says that his/her view of the world is shattered. Things of this nature just aren't supposed to happen! Each culture has its own "right way" to structure perception. The basic view of a small group determines what the masses are supposed to believe. (As you know, people fight wars over points of view!) The "elite" (the Carl Sagens of our world) have decided that abductions are impossible because they don't fit into their materialistic paradigm.

Trauma IV relates to the fact that it's not over when it's over. Abductees never know when the experience will happen again and worse, they

cannot protect those they love. Parents have come to Dr. Mack not to explore their own experiences, but because they think their children are being taken.

Trauma V relates to the headaches, gynecological problems, and other physical distresses that correspond anatomically to procedures that were done during the abductions.

The spiritual dimensions are varied. many abductees experience healings. Environmental warnings shock and change them, some becoming fanatically concerned about the fate of the earth. Abductees develop a sense of humankind as but one among countless species. They become troubled about the destructive way we live among ourselves and other creatures. Experiencers can feel a loving relationship, and feel that the aliens have been their spiritual guardians through many centuries. Dr. Mack has encountered many past-life experiences among abductees. They sometimes feel that they have an alien self with which they are trying to integrate their physical self.

He concludes that any theory of the abduction phenomena will have to account for five fundamental dimensions:

- the consistency of stories among people who do not know each other;
- the association with UFOs;
- related physical phenomena;
- the fact that abductions are reported by children as young as two years of age;
- the absence of any sort of psycho-pathological diagnoses or psycho social forces that could even begin to explain it.

John Mack feels that the phenomenon, occurring in the context of a growing threat to the earth's living systems, constitutes a joining of two or more species for some sort of evolutionary purpose. Though traumatic, the process may be actually life-preserving for humankind. It is possible that our systematic destruction of the earth has not gone unnoticed at a higher level of intelligence, and that these intrusions represent some sort of correction for all species involved.

Richard Moss  
State Director

*Note: The complete document is contained in the 1993 PROCEEDINGS available from MUFON.*

## An observation

by Steve Beatty



The Mars Observer probe suddenly went silent as it approached Mars after performing flawlessly en route for 11 months. NASA and JPL don't have a clue to the problem, because they haven't heard a peep from the probe since Saturday, 8/21/93. Another billion taxpayer dollars gone.

But did the Observer really quit transmitting? I doubt it. Check into what happened to both Phobos 1 and Phobos 2 missions sent by the Russians! As soon as they got close to Mars, the same thing happened — the signal was lost.

Before it went silent, Phobos 2 sent back a couple of interesting frames of a shadow on Mars 26 miles long, and a huge pencil-shaped object that may have produced the shadow.

Ed Dames, the remote-viewer, claims the Russians hired his company to determine what happened, and he said on CBC's "Quirks & Quarks" that an ALIEN interrogation of Phobos 2 disabled the craft accidentally.!

My guess is either the Mars Observer saw something not-for-broadcast so NASA "killed" it, or worse, there is an actual alien presence on Mars that does not want to be observed. Take your pick, but keep in mind that the last three Mars probes, Russian and American, never arrived...

## Theosophy Society Happenings

Each Monday the Theosophy Society opens its doors to the public and presents a variety of topics and speakers guaranteed to peak your interest. Not to be missed this month are the following presentations.

September 13, Echo Bodine will present "A Healer's Journey." Ms. Bodine is a well respected psychic and healer known locally and nationally for her work.

September 20, Michael Flomer will present a video featuring the Billy Meier story, "Contact From the Pleiades." For those of you unfamiliar with the story, one afternoon in 1975, Eduard "Billy" Meier saw a silver disk-shaped craft and hastily began snapping pictures. All of a sudden, the craft landed, and a being emerged and walked toward Meier which began the first of many such contacts over a period of weeks, months, and years. There seem to be two opinions of this most interesting story: either its the best documented case of a UFO landing, or it's the most elaborate, skillful and wildly hilarious hoax in UFO history!

An exciting addition to the presentation will be first-hand footage from sixteen individual video recordings of a UFO appearing before, during and after the total eclipse over Mexico City on July 11, 1991. The recordings, each taken from different points of view, vary in quality but all show the appearance of a silvery object. Ancient Mayan writings predicted the "Masters of the Sky" would return when the sun, moon and earth were in total alignment — on July 11, 1991! There is some belief that the Mayans themselves were actually Pleiadians.

Programs at the Theosophical Society begin at 7:30 p.m. with a video presentation. Speakers follow at 8:00 p.m.

**The Theosophical Society  
4401 Upton Ave. So.  
Minneapolis**



## Paranormal Study Group

The first meeting of the Paranormal Study Group is scheduled for 2 p.m., Saturday, October 23 at the Irish Well, 1975 University (at Prior) in St. Paul. (Meetings usually last until 5pm)

An agenda has not yet been set, but ideas and suggestions are welcome. Judging from the meetings last season, people are interested in learning about and discussing paranormal activity and its relationship to UFOs. (It seems that a high percentage of people who report seeing UFOs and/or alien encounters also experience paranormal activity of some sort...)

Everyone is welcome to attend — your ideas and experiences will help to make the Study Group a success. If you'd like more information, contact:

**Wally Moe  
437-8995**

## And yet another observation...

On Sunday, August 29, the Minneapolis Star Tribune ran an article written by Charles McDowell of the Richmond (VA) Times-Dispatch reporting that some critics in Washington were saying NASA sabotaged its own \$980 million mission. Why? To keep from finding artifacts of intelligent life on Mars.

An organization of Mars fans, including some scientists, accused NASA of betraying its duty by refusing suggestions to have the Observer take high resolution photographs of monuments that might have been constructed by intelligent beings. The "face" monument, measuring a mile from the chin to the top of the head, showed up on low-resolution photos made by a Viking spacecraft that traveled to Mars 17 years ago. Pyramids, a fortress and other seemingly artificial designs also appeared in the photos.

Richard C. Hoagland, who founded the Mars Mission, contended that NASA could have shown it willingness to resolve questions about life on Mars by simply scheduling high-resolution photos during this trip of the Mars Observer... But now it seems to be a moot point, doesn't it?

## And now, the good news...

Okay, so the Mars Observer ran out of juice, got snatched, or whatever — at least the Galileo is still Jupiter-bound.

Bill O'Neil, project manager of the \$1.4 billion Galileo mission run by NASA's Jet Propulsion Laboratory, said he felt good about having "a big plus mark following not-so-good news (regarding the Mars Observer) earlier in the week."

Even though Galileo is hampered by a jammed antenna, it managed its flyby to Ida by zooming about 1,491 miles from the 20 mile-long, irregularly shaped asteroid. Radio signals confirming the flyby took about 30 minutes to travel 334 million miles to Earth.

A glitch four hours earlier meant that the spacecraft failed to take three of 21 planned photographs, but they were long distance and unimportant compared with the close-ups Galileo did capture. The first two of these will take a month before they're sent to Earth — reason being that jammed large antenna... the small antenna is having to do the job. The others will be transmitted next spring.

Once considered to be "vermin of the skies" by astronomers, asteroids are now studied by scientists because they are "crumbs" left over from the formation of planets 4.6 billion years ago and hold clues to the solar system's evolution.

## Even Erma gets into the act...

Bob Seath sent us an Erma Bombeck article which appeared in the Duluth News-Tribune, Sunday, August 15, 1993. Erma began by saying we're all either *for* or *against*...whether it's a case of being pro-life or pro-choice, being certain that "Elvis is dead" or one of those who claim they've just seen him at a local supermarket. And, of course, it follows that there are UFO scoffers and UFO faithful.

Michael Reginante of Annapolis Md, was one of 50 protesters who recently marched in front of the White House to call on the government to release 20,000 pages of documents they claim prove the existence of UFOs. "It's not like this is a Star Trek convention featuring the Attack of the Pear People vs. the Great Unwashed," he

said. He worries that this is what people think when believers in UFOs, visits by aliens from other planets and flying saucer abduction get together.

Ah, but Terence Sanbek, a Sacramento clinical psychologist (wow, what credentials) is quoted as saying: "To go to the nearest star is going to take years and years if you travel at the speed of light, which you can't. When you got there, would you talk to a drunken fisherman from Mississippi or would you talk to a head of state? If you are that intelligent, you couldn't act that stupid." (Stick to marriage counseling, Terry.)

Well, it seems that when Erma asked her husband if he wanted to be a UFO believer or non-believer (she says they always disagree!) he chose to be the believer because "it's more fun." Erma replied smugly that she had *Carl Sagan* on her side... To which, husband replies "Just because you have never known anyone who had an outer-space experience doesn't mean they don't exist. *Have you ever known anyone personally who won the Publisher's Clearing-house sweepstakes?*"

Erma admitted that scared her...!

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### MINNESOTA MUFON

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To report a sighting, call Field Investigators

Buddy Bauerlein — (612) 822-8631

or

Gary Thrash — (612) 755-8981

You may also contact our 24-hour Hot Line  
SAUCER WATCH: (612) 525-SAUC(ER)

or

Dick Moss, State Director — (612) 732-3205

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Correspondence and/or articles for inclusion in the Newsletter is welcomed and may be directed to

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